



John Lewis Education Campus Athletics Emergency Action Plan

Important Contacts

- Athletic Trainer – Terrill Paulsen
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- Athletic Director – Aspen McNair (202) -
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- Head Custodian – Shirley Lancaster
- Lead Athletic Trainer – Dr. Jamila Wat-
son
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- Executive Director of Athletics–
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Introduction

In the event that an emergency situation should arise during an John Lewis Educational Campus event, including practices and competitions, the following guidelines should be followed in order to provide the best care to the patients with emergency and/or life-threatening conditions. Implementation of an emergency plan will ensure the best care is provided for emergencies.

Emergency Personnel:

- Terrill Paulsen ATC, Athletic Trainer
- Team Physician, Terry Thompson, MD (Howard University Hospital)
- Medical Resident Physicians (Howard University Hospital Medical Residents)
- Athletic Training Students (George Mason University)
- EMS

Roles within the Emergency Team:

Immediate care of the athlete
Emergency equipment retrieval
Access for EMS to the scene (opening gates, disarming panic doors)
Activation of the Emergency Medical System
Direction of EMS to the scene

Emergency Equipment:

Supplies on field:
1st aid kit/supplies and an Automated External Defibrillator (AED).
Additional emergency equipment (including splint bag, and crutches, maintained on sideline)

Activating the EMS System:

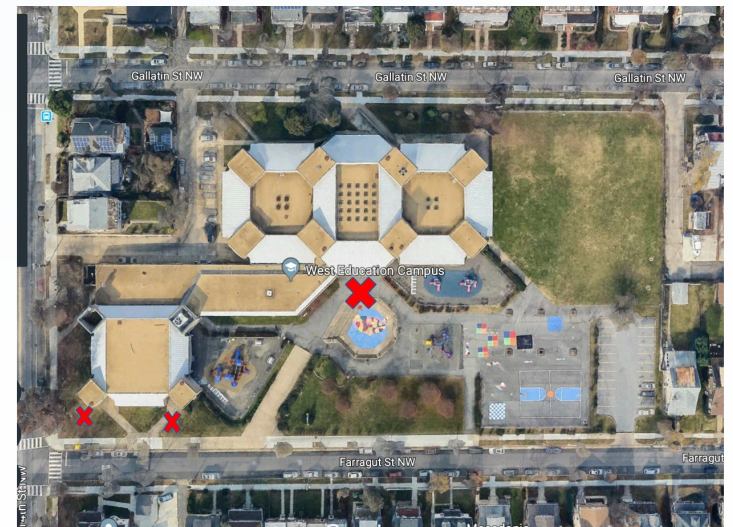
Making the call:

9-1-1 if available

Telephone numbers for local police, fire department, and ambulance service

Providing Information:

- Joseph West Education Campus 1335 Farragut St. NW Washington DC, 20011
- Cross Streets: 14th St. NW & Farragut St. NW
- Telephone number of the caller
- Number of athletes injured
- Condition of the athlete (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)
- 1st aid treatment initiated by the 1st responder (blood control, rescue breathing, CPR, etc)
- Specific directions as needed to locate the emergency scene
- Other information as requested by dispatcher
- Someone will be in place to meet the ambulance and direct them to the injured athlete



Transportation to the Emergency

Room:

- If the athlete is transported, EMS should provide which hospital the athlete is going to in order to provide accurate information to the parent or guardian.
- If EMS is activated the parent or guardian of the injured athlete must be contacted.
- If the patient is transported, a coach or school staff **MUST** accompany the patient to the hospital along with the emergency treatment form.

Injuries on the Field:

Players and coaches should go and remain in the bench area once medical assistance arrives, adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained.

Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured athlete or athletes.

Players or non-medical personnel should not touch, move or roll an injured player.

Players **should not** try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing)

Players **should not** pull an injured teammate or opponent from a pile-up

Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference

Players and coaches should avoid dictating medical services to the athletic trainers or team physicians.

Injuries in the Gymnasium

1338 Farragut St. NW 20011. Entrance to gymnasium is on Farragut St. near 14th St.

The gym is located on the second floor, but can be easily accessed from the doors located in the gymnasium, have an escort placed at these doors to meet EMS

Lightning Safety

All coaches and athletes will use the following guidelines in the event of lightning. If you see lightning or hear thunder all individuals are to leave the athletic site and seek safe shelter. **Play is not to be resumed until 30 minutes after the last lightning or thunder occurrence.** Safe sites include inside cars, vans, buses, or nearby buildings. Shelter should not be taken in the baseball or softball dugouts.

General Information

On Field Emergency Protocol:

- Players and coaches should go to and remain in the bench area once medical assistance arrives adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained
- Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured athlete or athletes
- Players or non-medical personnel should not touch, move or roll an injured player
- Players should not try to assist a

teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing)

- Players should not pull an injured teammate or opponent from a pile-up
- Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference
- Players and coaches should avoid dictating medical services to the athletic trainers or team physicians.

Emergency/Crisis Event

In the event of an emergency/crisis, the Athletic trainer/On-site school personnel will direct the athletes, coaches, officials to the designated safe secure location .

