District of Columbia Interscholastic Athletic Association Sports Medicine

Whittier

Campus

**Athletics** 

Emergency

**Action Plan** 

**Important Contacts** 

202-309-0553 (cell)

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son

• Athletic Trainer– Johnfre Mann

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Jamila.Watson@k12.dc.gov

• Executive Director of Athletics-

Michael.Bryant5@k12.dc.gov

• Head Custodian- Desmond McRae

• Lead Athletic Trainer- Dr. Jamila Wat-

• Athletic Director – Anthony Olumba

Johnfre.mann@k12.dc.gov

**Education** 



# Introduction

In the event that an emergency situation should arise during an Whittier EC School athletic event, including practices and competitions, the following guidelines should be followed in order to provide the best care to the patients with emergency and/or life-threatening conditions. Implementation of an emergency plan will ensure the best care is provided for emergencies.

#### **Emergency Personnel:**

- Johnfre Mann, MS, ATC, Athletic Trainer
- •Team Physician, Terry Thompson, MD (Howard University Hospital)
- •Medical Resident Physicians (Howard University Hospital Medical Residents)
- •Athletic Training Students (George Mason University)
- •EMS

#### **Roles within the Emergency Team:**

Immediate care of the athlete Emergency equipment retrieval Access for EMS to the scene (opening gates, disarming panic doors) Activation of the Emergency Medical System Direction of EMS to the scene

#### **Emergency Equipment:**

Supplies on field: 1st aid kit/supplies and an Automated External Defibrillator (AED). Additional emergency equipment (including splint bag, and crutches, maintained on sideline)

### Activating the EMS System:

#### Making the call:

9-1-1 if available Telephone numbers for local police, fire department, and ambulance service

#### **Providing Information:**

- Whittier Education Campus 6201 5th St. NW, Washington DC, 20011
- Cross Streets: Sheridan Street NW & 3rd St. NW
- Telephone number of the caller
- Number of athletes injured
- Condition of the athlete (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)
- 1st aid treatment initiated by the 1st responder (blood control, rescue breathing, CPR, etc)
- Specific directions as needed to locate the emergency scene
- Other information as requested by dispatcher
- Someone will be in place to meet the ambulance and direct them to the injured athlete



#### <u>Transportation to the Emergency</u> <u>Room:</u>

- If the athlete is transported, EMS should provide which hospital the athlete is going to in order to provide accurate information to the parent or guardian.
- If EMS is activated the parent or guardian of the injured athlete must be contacted.
- If the patient is transported, a coach or school staff MUST accompany the patient to the hospital along with the emergency treatment form.

#### Injuries on the Football Field (Coolidge High School Football Stadium):

For injuries within Coolidge High School Stadium, EMS should be directed to the parking lot near the Takoma Recreation Center on 3rd Street to gain entrance to the field, or enter the gate on Sheridan Street. Cross streets for the field are Sheridan Street NW and 3rd Street NW.

#### Takoma Parking lot entrance can be described as the entrance directly across from 6414 3rd Street NW.

\*\*\*Access to the gates on the field: Contact a school administrator, coach or custodial staff member.

#### **Injuries in the Gymnasium**

Enter main entrance of the school.

Continue straight into the building directly in front of the entrance is the gym.

## **Lightning Safety**

All coaches and athletes will use the following guidelines in the event of lightning. If you see lightning or hear thunder all individuals are to leave the athletic site and seek safe shelter. Play is not to be resumed until 30 minutes after the last lightning or thunder occurrence. Safe sites include inside cars, vans, buses, or nearby buildings. Shelter should not be taken in the baseball or softball dugouts.

### **General Information**

On Field Emergency Protocol:

- Players and coaches should go to and remain in the bench area once medical assistance arrives adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained
- Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured athlete or athletes
- Players or non-medical personnel should not touch, move or roll an injured player
- Players should not try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing)
- Players should not pull an injured teammate or opponent from a pile-up
- Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference
- Players and coaches should avoid dictating medical services to the athletic trainers or team physicians.

#### **Emergency/Crisis Event**

In the event of an emergency/crisis, the Athletic trainer/On-site school personnel will direct the athletes, coaches, officials to the designated safe secure location.

