



# McKinley Middle School Athletics Emergency Action Plan

## Important Contacts

- Athletic Trainer – Rachele Saunders  
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- Athletic Director – LaShay Wilkerson (202) 821 2302
- Lead Athletic Trainer – Dr. Jamila Watson  
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- Executive Director of Athletics – Michael Bryant  
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## Introduction

In the event that an emergency situation should arise during an McKinley Middle School athletic event, including practices and competitions, the following guidelines should be followed in order to provide the best care to the patients with emergency and/or life-threatening conditions. Implementation of an emergency plan will ensure the best care is provided for emergencies.

### Emergency Personnel:

- Rachele Saunders, MS, ATC, Athletic Trainer
- Team Physician, Terry Thompson, MD (Howard University Hospital)
- Medical Resident Physicians (Howard University Hospital Medical Residents)
- Athletic Training Students (George Mason University)
- EMS

### Roles within the Emergency Team:

Immediate care of the athlete  
Emergency equipment retrieval  
Access for EMS to the scene (opening gates, disarming panic doors)  
Activation of the Emergency Medical System  
Direction of EMS to the scene

### Emergency Equipment:

Supplies on field:  
1st aid kit/supplies  
Additional emergency equipment (including splint bag, and crutches, maintained on sidelines)

## Activating the EMS System:

### Making the call:

9-1-1 if available

Telephone numbers for local police, fire department, and ambulance service

### Providing Information:

- 151 T St. NE Washington DC, 20002
- Telephone number of the caller
- Number of athletes injured
- Condition of the athlete (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)
- 1st aid treatment initiated by the 1st responder (blood control, rescue breathing, CPR, etc)
- Other information as requested by dispatcher
- Someone will be in place to meet the ambulance and direct them to the injured athlete



### Transportation to the Emergency Room:

- If the athlete is transported, EMS should provide which hospital the athlete is going to in order to provide accurate information to the parent or guardian.
- If EMS is activated the parent or guardian of the injured athlete must be contacted.
- If the patient is transported, a coach or school staff **MUST** accompany the patient to the hospital along with the emergency treatment form.

### Injuries on the Field:

- For injuries on the football field or track, EMS should be directed to the school and should be instructed to following the driveway at the end of the parking lot, down to the field entrance.
- Custodians, Ms. Wilkerson, AD, and Mrs. Saunders have keys to unlock the gates.
- Ms. LaShay Wilkerson (Athletic Director) 202-821-2302
- Mrs. Rachele Saunders (Athletic Trainer) 202-439—0872

### Injuries in the Gymnasium

- EMS should be directed to the school parking lot and the doors leading into the Main entrance of the gymnasium. (Doors on the left as the parking lot ends and the driveway heads down the hill.)

### Lightning Safety

All coaches and athletes will use the following guidelines in the event of lightning. If you see lightning or hear thunder all individuals are to leave the athletic site and seek safe shelter.

**Play is not to be resumed until 30 minutes after the last lightning or thunder occurrence.** Safe sites include **inside** cars, vans, buses, or nearby buildings. Shelter **should not** be taken in the baseball or softball dugouts.

### General Information

#### **On Field Emergency Protocol:**

- Players and coaches should go to and remain in the bench area once medical assistance arrives adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained
- Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured athlete or athletes
- Players or non-medical personnel should not touch, move or roll an injured player
- Players **should not** try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing)
- Players **should not** pull an injured teammate or opponent from a pile-up
- Once the medical staff begins to work on an injured player, they should be allowed to perform services without

interruption or interference

- Players and coaches should avoid dictating medical services to the athletic trainers or team physicians.

### Emergency/Crisis Event

In the event of an emergency/crisis, the Athletic trainer/On-site school personnel will direct the athletes, coaches, officials to the designated safe secure location .

